|  |  |
| --- | --- |
| **Controlling salt intake** | Description: Percentage of respondents who take specific action on a regular basis to control salt intake |
| Instrument question: D11a-f: Do you do any of the following on a regular basis to control your salt intake? |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Limit consumption of processed foods** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | % | 95% CI | n | % | 95% CI | n | % | 95% CI |
| 18-29 | 591 | 58.2 | 53.2 - 63.0 | 846 | 57.8 | 53.2 - 62.3 | 1437 | 58.0 | 54.5 - 61.4 |
| 30-44 | 661 | 62.2 | 56.6 - 67.4 | 1058 | 69.3 | 65.0 - 73.3 | 1719 | 65.7 | 62.0 - 69.2 |
| 45-59 | 408 | 65.5 | 58.7 - 71.6 | 608 | 70.8 | 65.8 - 75.4 | 1016 | 68.3 | 64.1 - 72.3 |
| 60-69 | 185 | 75.5 | 67.4 - 82.2 | 346 | 71.0 | 64.3 - 76.8 | 531 | 72.9 | 67.7 - 77.6 |
| **Total** | **1845** | **61.6** | **58.3 - 64.7** | **2858** | **64.6** | **61.6 - 67.4** | **4703** | **63.1** | **60.8 - 65.3** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 1472 | 62.4 | 58.9 - 65.7 | 2406 | 64.6 | 61.4 - 67.8 | 3878 | 63.6 | 61.1 - 65.9 |
| Urban | 373 | 58.5 | 49.7 - 66.7 | 452 | 64.3 | 56.8 - 71.1 | 825 | 60.9 | 54.4 - 67.1 |